

EITEM AGENDA / AGENDA ITEM: 5

| Cyd-bwyllgor Iechyd a Gofal y Canolbarth / Mid Wales Joint Committee for Health and Care | | | |
|---|--|--|---|
| Dyddiad y Cyfarfod: Date of Meeting: | 29 th April 2024 | | |
| Teitl yr Adroddiad: Title of Report: | Rural Health and Care Wales Work Programme update report | | |
| Arweinydd: Lead: | Anna Prytherch, Head of Rural Health and Care Wales | | |
| Pwrpas yr adroddiad: Purpose of the Report: | To receive an update report on the RHCW Work Programme 2023/24 and the draft RHCW Work Programme 2024/25 | Ar gyfer cytundeb For Agreement | |
| | | Ar gyfer trafodaeth For Discussion | |
| | | Ar gyfer gwybodaeth For Information | ✓ |
| <u>Crynodeb / Summary</u> | | | |
| This report provides an update of progress made to date by RHCW in achieving its Work Programme for 2023/24 and draft Work Programme for 2024/25. | | | |
| <u>Argymhelliad / Recommendation</u> | | | |
| For information - The Mid Wales Joint Committee for Health and Care is asked to note for information progress made in achieving the RHCW Work Programme 2022/23 and draft Work Programme for 2024/25 (awaiting final approval from the MWJC at today's meeting). | | | |



RHCW Progress Report April 2024

Aim 1: Health, Wellbeing and Prevention

- *Improve the health and wellbeing of the Mid Wales population*
- RHCW has participated in the steering group for the feasibility study being undertaken by Coed Lleol relating to developing **nature-based activities at the Bro Ddyfi Community Hospital**. Rosie Strang from Coed Lleol presented the findings to the RHCW Stakeholder Group at its meeting held on 5th March 2024.
- Work continues on the **Macmillan Rural Cancer Patient Experience** project, with RG now undertaking one-to-one interviews (27 done) and setting up focus groups as part of the interactive information gathering. The 12-month case study aspect has also started. Any referrals for staff or patients / carers / families that would like to participate in this research are warmly welcomed – please email Becky on rebecca.gardner@wales.nhs.uk.
- RHCW has participating in the “**Next Steps**” exploratory meetings in Ceredigion (looking to pilot a replacement service to bridge the gap left when the British Red Cross “Cwtch” service ceased), presenting on the Cardi Care project and model of building community resilience; continued involvement in a pilot is ongoing, working with Ceredigion County Council, Hywel Dda UHB and CAVO.
- RHCW has also participated in the **Social Care in Rural Areas (IMPACT) Local Network Group** that is exploring the provision of care in rural West Wales.
- RHCW staff have been reviewing the revised Population Needs Assessments (x3) and Wellbeing Plans (x3) covering Mid Wales, also the ONS demographic statistics for the area, and this work will be consolidated into a comprehensive **demographic and health / wellbeing report for the region**. To be completed by July 2024.

Aim 2: Care Closer to Home

- *create a sustainable health and social care system for the population of Mid Wales which has greater focus on care closer to home*
- RHCW received notification on 21st December from the **Mid Wales UK Shared Prosperity Fund** stating that the application to extend the **Cardi Care** project in Powys and another location in Ceredigion had been held in the “amber zone”, asking for a re-submission to be done, with a re-profiling to reflect a much

shorter project (to end by December 2024). This was undertaken and a grant has been confirmed for £30,206 to run similar a project from March-November 2024 in Lampeter, Ceredigion and Llanidloes, Powys.

The project, Sustainable Communities / Cymunedau Cynaliadwy, has started, with engagement with the two communities underway (survey / in person) and the social events to commence in May.

The project will include mentoring / twinning between the two towns and linking volunteers, in addition to similar activities to the Cardi Care project.

Existing RHCW staff have been appointed to undertake the Co-ordination roles (Mari Lewis, Lampeter and Briggitta Deak Llanidloes).



- a community resilience project based on voluntary support for local people

What is Sustainable Communities?

Sustainable Communities is looking to support two local communities, Lampeter and Llanidloes, by holding informal, social events, free of charge, for residents. The project aims to counteract loneliness and isolation by helping residents to further integrate with their communities by providing opportunities for socialising and fun. Also, a twinning of Lampeter and Llanidloes will take place through exchanging day trips to both towns, to allow the communities to unify.



Aim

- to build and sustain strong, connected and vibrant communities



Benefits

- to maintain and improve the overall health and wellbeing of the communities



Volunteering

- to provide opportunities for volunteering within the communities

The project will also link volunteers with individuals who would like extra support, such as lifts to and from appointments, delivery of shopping, dog walking or simply company and a chat, aiming to support individuals to live independently, in their own homes, for as long as possible.

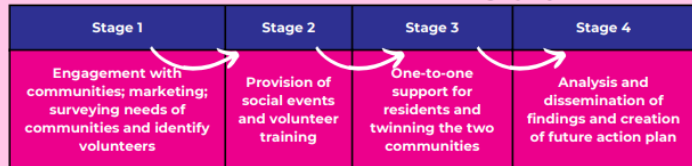
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damsodd a lledaenu diadau a chreu in gweithredu r dyfodol

Sustainable Communities is a 4 stage project



If you are interested in having more information about this project, please get in touch by emailing mari.lewis@wales.nhs.uk (Lampeter) or briggitta.deak@wales.nhs.uk (Llanidloes).



Lampeter
2,505 usual residents*

Llambed
2,505 preswylwyr arferol*

Gender
51.6% Male, 48.3% Female

Age
Average age of residents is 49 years

Rhyw
51.6% Male, 48.3% Female

Oedran
Yr oedran cyfartalog yw 49 mlynedd oed

Trefniadau Byw
87.9% Yn byw mewn tai neu bysgellu, 12.1% Yn byw mewn flatiau ac adeiladau dros dro

Community Facilities
Victoria Hall, Lampeter Rugby Club, Lampeter Bowls Club, Lampeter Leisure Centre, Town Library, Longwood Community Woodland, Town Museum, Ysgol Bro Pedr, Lampeter Swimming Pool, All Weather Sports Turf and Playing Fields

Groups and Events
Côr Corisma, Côr Melbion Cymann, Women's Institute, Merched y Wawr, Friends of Hafan Deg, Chamber of Trade, Welcome for Walkers, Lampeter Food Festival (July), Lampeter Agricultural Society Show (July), Lampeter Carnival (August), Annual Eisteddfod (August)

Town Hall, University, Wellbeing Centre

Industry & Amenities
5+ Holiday Parks and Camping Sites, 3 Pharmacies and 1 GP Surgery, 9 Churches and Chapels, 8 Pubs and Bars

Cyfeusterau Cymunedol
Neuadd Victoria, Clwb Bygdi, Clwb Bowls, Canolfan Hamdden, Llyfrgylfa a draf, Coeir Cymunedol Longwood, Amgueddfa'r Dyfodol, Ysgol Bro Pedr, Cae Chwarae Pob Twydd a Caeau Chwarae

Gwipiau a Digwyddiadau
Côr Corisma, Côr Melbion Cymann a'n Cychil, Sefydliad y Merched, Merched y Wawr, Ffrindiau Hafan Deg, Siambr Fasnach, Croeso i Gerddwyr, Gynyl Ffrwl Llambed (Gorffennaf), Sioe Amasethyddol (Gorffennaf), Camfil Llambed (Awd), Eisteddfod Gylch (Awd)

Nodweddion Unigryw
Tref Brlysgol lleiaf yn y DU, Eglwys Getholig Rufeng Graidd II, Gwasanaeth bws yn cysylltu efo Aberystwyth, Caerdyddin ac Abertawe, Wedi'r gefellio a Saint-Germain-sur-Moine, Ffrainc, Pelli Nefydd a Draf, Clinic (Ippau Bro), Grapevine (Cychlychthyr)

Neuadd y Dref, Prifysgol, Canolfan Lies

Diwydiannau & Amwynder
5+ Parc Gwyliau a Safleoedd Gwersyllu, 3 Fferylfa a 1 Meddyg, 9 Eglwys and Chapel, 8 Taffan a Bar, 1 Snyddfa a Host, 3 Garg Car

Os hoffech gael mwy o wybodaeth am Cymunedau Cynaliadwy neu os hoffech ymuno i'r prosiect fel gairfoddolwr, cysylltwch â ni drwy e-bostio mari.lewis@wales.nhs.uk

Llanidloes
3,042 usual residents*

Gender
51.6% Male, 48.4% Female

Age
Average age of residents is 40 years

Living Arrangements
97.5% Live in whole houses/bungalows, 2.5% Live in flats and temporary structures

Trefniadau Byw
97.5% Yn byw mewn tai neu bysgellu, 2.5% Yn byw mewn flatiau ac adeiladau dros dro

Community Facilities
Community Centre, The Old Market Hall, Sport Centre, War Memorial Hospital, The Hanging Gardens Project, Cynwedd Sailing Club, The Rotary Clubs of Llanidloes, Cycle Llanidloes

Groups and Events
Minerva (various exhibitions & events throughout the year), Llanidloes Training Association, The Hanging Gardens, Llanidloes Dragon Trail, Cambrian Mountain Events, Glan y Nant Scarecrows, Yamahia Off-road, Fishing on Llyn Clynwedd, Llanidloes Carnival (12th July 2024)

Unique Characteristics
Town Museum, Clynwedd Reservoir, Old Market Hall, Bryntal Lead Mines, Glynwedd's Way National Trail, Dark Skies Star Inn Car Park, Dyffle, Welsh Mountain Cider Tours, And Tastings, Glan y Nant Scarecrows, Llanidloes War Memorial Hospital

St Iddoc's Church

Industry & Amenities
5+ Holiday Parks and Camping Sites, 1 Pharmacy, 1 Hospital and 1 GP Surgery, 7 Churches and Chapels, 10 Pubs and Bars, 1 Post Office, 3 Car Garages

Diwydiannau & Amwynder
5+ Parc Gwyliau a Safleoedd Gwersyllu, 3 Fferylfa a 1 Meddyg, 9 Eglwys and Chapel, 8 Taffan a Bar, 1 Snyddfa a Host, 3 Garg Car

Os hoffech gael mwy o wybodaeth am Cymunedau Cynaliadwy neu os hoffech ymuno i'r prosiect fel gairfoddolwr, cysylltwch â ni drwy e-bostio briggitta.deak@wales.nhs.uk

- The part-time secondment of Dr Angela Curl, Public Health Co-Director / Postgraduate Course Director, University of Otago, Christchurch, NZ to RHCW has commenced (1st March 2024), with exploratory mapping underway and a draft survey in development that will feed into the review of GP / Primary Care provision across Mid Wales (**"A review and Action Plan for GP / Primary Care provision across Mid Wales: exploring best practice examples of alternative models of delivering primary care interventions in rural areas"**). The secondment is funded by a small grant from THINK (the Transport and Health Integrated Research Network), which RHCW is a member of. Enquiry has also been made to SAIL Databank ([Home - SAIL Databank](#)) to see if we can access GP patient data (postcodes / travel times) centrally. It is anticipated that the work will be completed by June 2024.
- RHCW was contacted by a medical student from Birmingham University (Mared Thomas) who is intercalating in Health Management and Leadership, doing a dissertation on **why GPs choose to live and work in rural West Wales**, also seeing to establish **how the Welsh language impacts GP relationships with patients and staff**; research that will fit with the above work being undertaken by RHCW. Mared presented to the Stakeholder Group at its meeting held on the 5th March 2024 and will report on findings to the group. Her areas of research are the West coast of Wales, encompassing BCUHB and HDdUHB.
- RHCW was contacted by Curve Media in January 2023, who were doing a television series for Channel 4 on **"GPs: Treating Rural Britain"**. We emailed GPs across the Mid Wales region for interest and one GP practice has participated in the filming, with the 6-part series to be broadcast soon, raising the role of rural GPs (UK wide). See [More4 meets the UK's most remote doctors in GPs: Treating Rural Britain | Channel 4](#)
- Work was undertaken on scoping **best practice on children's residential homes** for a workshop being held in February by the MWJC's Social Care group; report was favourably received.
- The draft proposal for the **Virtual Rural "Hospital"** for Mid, North and West Wales (RHCW, North Wales RIIC, West Wales RIIC, Powys RIIC, Powys RIIC and WAST) is not yet finalized but in progress; with presentation of a draft business case to be placed before the RHCW Stakeholder Group in June 2024. A scoping exercise of existing virtual services / wards across the whole Mid Wales region has been undertaken.
- A final report and presentation was prepared on the **multi-agency responses during the Covid-19 Pandemic (vulnerable groups)** in the Hywel Dda UHB and Powys THB regions. This will be presented to the MMAWSB Executive Board on the 23rd April 2024.
- Confirmation of the UKRI grant for the **Rural Wales Local Policy and Innovation Partnership**, now called **Cymru Wledig LPIP Rural Wales**, has been received, with significant press generated. The official press release, approved by UKRI and published on 13th February 2024 is below::

£5 million funding to tackle challenges facing Wales' rural communities

A partnership, including Rural Health and Care Wales, has received over £5 million in funding to research and explore solutions to rural challenges. Cymru Wledig LPIP Rural Wales, the Local Policy and Innovation Partnership for Rural Wales, connects researchers, communities, and policy-makers to support inclusive, sustainable development.

Researchers and policymakers will work with communities from across rural Wales to explore innovative solutions to a range of major challenges faced by rural communities, such issues as the “rural premium” on poverty.

Funded by UKRI, the research partnership aims to fill evidence gaps, explore innovative solutions, and enhance the use of research to support effective policies to foster a ‘wellbeing economy’.

It will focus on the challenges of building a regenerative economy, supporting the net zero transition, enhancing health, wellbeing and access to services, and empowering communities and culture, including Welsh language revitalisation.

The Director of the Rural Wales Local Policy and Innovation Partnership (LPIP), Professor Michael Woods, said: “Rural Wales faces significant challenges in growing its economy, providing good jobs and housing for local people, and maintaining services to ensure the wellbeing of communities. This is an exciting opportunity to bring together expertise from universities, businesses, the public sector and communities to work towards an inclusive, sustainable future for the region.”

The three-year work programme will engage a range of people in innovation labs to develop and test interventions, community-led research projects focused on local concerns, and dialogues to discuss critical issues such as land use and net zero. It will also collect new data through surveys and short studies, and the creation of an Online Integrated Evidence Hub for rural Wales.

The partnership is led by Aberystwyth University, and includes researchers at Bangor University, Cardiff University and the University of Gloucestershire, along with partners including Antur Cymru, the Centre for Alternative Technology, Datblygiadau Egni Gwledig, Represent Us Rural, Rural Health and Care Wales, Together for Change, and industry partner Sgema. It has been put together under the framework of the Wales Institute of Social and Economic Research and Data (WISERD).

Professor Alison Park, Head of UKRI's creating opportunities, improving outcomes theme, said: “Local Policy Innovation Partnerships demonstrate UKRI's commitment to bringing together a diverse range of partners, from local and devolved government, communities and businesses. Through these long-term collaborations, we will accelerate the use of research and innovation to reduce regional inequalities and drive sustainable, inclusive growth.”

The Rural Wales LPIP is one of four Local Policy and Innovation Partnerships funded by the ESRC, with others in England, Scotland and Northern Ireland. The

research work is supported by UK Research and Innovation (UKRI) funding as part of its work to creating opportunities and improve outcomes locally.

The project will be officially launched at the Senedd on 10th July 2024 (provisional date). AP (RHCW) is co-chair with Paul Milbourne, Cardiff University, of the *Enhancing the Wellbeing in Place Thematic Group*.

Aim 3: Rural Health and Care Workforce

- *Create a flexible and sustainable rural health and care workforce for the delivery of high quality services which support the healthcare needs of rural communities across Mid Wales*
- RHCW participated in the international **Graduate Entry Medicine** interviews for medical students on the 19th February 2024; work is ongoing to develop a project to increase applications from the Mid Wales region and this is included in the Work Programme for 2024/25.
- The proposal for RHCW to lead on the development of a **Mid Wales Inter-Professional Healthcare Group / Society**, working with the three Universities that have students in the Mid Wales region (Aberystwyth, Cardiff and Swansea), was placed before the Planning and Delivery Executive Group of the MWJC at its meeting held on the 15th January 2024, when it was decided that due to potential governance issues, that, whilst supportive, RHCW should not take the lead. This was reported to the Stakeholder Group on 5th March 2024.

Aim 4: Hospital Based Care and Treatment

- *Create a sustainable and accessible Hospital Based Care and Treatment service for the population of Mid Wales, with robust outreach services and clinical networks*
- See above for the proposed **Virtual Rural Hospital** project for Mid, North and West Wales.

Aim 5: Communications, Involvement and Engagement

- *ensure there is a continuous and effective communication, involvement and engagement with the population of Mid Wales, staff and partners*
- A summary evaluation of the **Rural Health and Care Conference 2023: Embracing Change – welcoming innovation and new ways of delivering Rural Health and Care Services** is attached as Appendix 1. The feedback was again very positive overall, with the proposal to extend the Conference to 3-days in 2025 to enable more social networking time and gaps between presentations (from feedback received), with the intention too of including a section that reflects on achievements and developments made in Mid Wales since the publication of the Mid Wales Healthcare Study ten years ago (2014).

The **Poster competition** at the Conference was again hotly contested, with the following posters voted in the top three positions (voted by delegates, who scored each poster against 4 criteria – i) Quality of Information / Research, ii) Relevance to Rural Health and Care, iii) Design and Attractiveness of Poster and iv) Innovation & Future Implications of Subject).

Joint 1st Place Award: “A mixed methods service evaluation of a Group for Carers, delivered by Early Intervention in Psychosis (EIP) across BCUH” (*Sioned Rowlands & Dr Emma Shepley, BCUHB*)

Joint 1st Place and Highest Placed Student Award: “Exploring Student Experiences of the International Challenge” (*Athira Premachandran & Cheryl Chingosho, University of South Wales*)

2nd Place Award: “Exploring Public Transport experiences and perceptions of students living in rural South Wales” (*Dr Nova Corcoran & Oluchi Rita Okeke, University of South Wales*)

Joint 3rd Place Award: “Macmillan Rural Cancer Experience Research” (*Rebecca Gardner, RHCW*)

Joint 3rd Place Award: “Lesiant Delta Wellbeing – Delta Connect” (*Carla Dix, Delta Wellbeing*)

A Mixed Methods Service Evaluation of a Group for Carers Delivered by Early Intervention in Psychosis (EIP) across BCUHB
Produced by Sioned Rowlands (Assistant Psychologist), Supervised by Dr Emma Shepley (Clinical Psychologist)

Background
An informal carer of someone with mental health issues is a family member, partner or friend who helps, supports and cares for the person with mental health issues. Carers play a vital role in supporting people with mental health issues to live well. However, carers often experience stress, isolation and lack of support. The aim of this research was to evaluate the effectiveness of a carers group delivered by the Early Intervention in Psychosis (EIP) service across BCUHB.

Method
A mixed methods research design was used to evaluate the service. Quantitative data was collected through a survey and qualitative data was collected through focus groups. The research was conducted over a 12-month period. The quantitative survey was completed by 100 carers and the qualitative data was collected from 10 focus groups. The research was conducted across BCUHB.

Findings
QUANTITATIVE ANALYSIS
1. Length of service (n=100) 2. Delivery and presentation (n=100) 3. Number of sessions (n=100)
QUALITATIVE ANALYSIS
1. Importance of Carers Involvement 2. Sense of Strong Connection 3. Feeling Better Informed 4. Positive Future Forward for the Service

Discussion
The research findings suggest that the carers group is an effective intervention for supporting the wellbeing of carers of people with mental health issues. The research also identified the need for further support for carers, such as training and resources. The research was conducted across BCUHB.

Conclusions
The research findings suggest that the carers group is an effective intervention for supporting the wellbeing of carers of people with mental health issues. The research also identified the need for further support for carers, such as training and resources. The research was conducted across BCUHB.

Recommendations
The research findings suggest that the carers group is an effective intervention for supporting the wellbeing of carers of people with mental health issues. The research also identified the need for further support for carers, such as training and resources. The research was conducted across BCUHB.

References
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EXPLORING STUDENT EXPERIENCES OF THE INTERNATIONAL CHALLENGE
Athira Premachandran and Cheryl Chingosho

INTRODUCTION
The University of South Wales (USW) has developed the International Challenge (IC) to provide international students with a means to develop new skills, meet new people and encourage community involvement. It includes a minimum of 60 hours of physical activities, life skills development work, experiential volunteering in local community projects, outdoor hiking and camping in rural Wales.

RESEARCH QUESTION
In what ways has the IC helped students' mental health and connections with the local community and Wales?

METHODOLOGY
A self-administered questionnaire (n=100) was distributed to current students who were involved in the study. The questionnaire was distributed over the course of the research project.

RESULTS
The research findings suggest that the IC has helped students' mental health and connections with the local community and Wales. The research also identified the need for further support for students, such as training and resources. The research was conducted across USW.

IMPLICATIONS FOR PRACTICE
The research findings suggest that the IC has helped students' mental health and connections with the local community and Wales. The research also identified the need for further support for students, such as training and resources. The research was conducted across USW.

Exploring public transport experiences and perceptions of students living in rural South Wales
Dr Nova Corcoran & Oluchi Rita Okeke

Introduction
Public transport is a vital mode of transport for many people, particularly those living in rural areas. However, rural areas often have limited public transport services, which can make it difficult for people to access essential services and work. The aim of this research was to explore the experiences and perceptions of students living in rural South Wales who use public transport.

Methodology
A self-administered questionnaire (n=100) was distributed to students living in rural South Wales who use public transport. The questionnaire was distributed over the course of the research project.

Results
The research findings suggest that students living in rural South Wales who use public transport experience difficulties with the service. The research also identified the need for further support for students, such as training and resources. The research was conducted across USW.

Discussion
The research findings suggest that students living in rural South Wales who use public transport experience difficulties with the service. The research also identified the need for further support for students, such as training and resources. The research was conducted across USW.

Macmillan Rural Cancer Experience Research

Introduction
Cancer is a leading cause of death in Wales, and rural areas often have limited access to cancer services. The aim of this research was to explore the experiences and perceptions of people living in rural Wales who have been affected by cancer.

Aim and Objectives
The aim of the research project is to explore the experiences and perceptions of people living in rural Wales who have been affected by cancer. The objectives of the research project are to: 1. Explore the experiences and perceptions of people living in rural Wales who have been affected by cancer. 2. Identify the needs and requirements of people living in rural Wales who have been affected by cancer. 3. Develop strategies to improve the experiences and perceptions of people living in rural Wales who have been affected by cancer.

What are we doing?
The research project is currently in the planning stage. The research team is currently conducting a literature review and developing the research protocol. The research project is expected to be completed by the end of 2023.

Project Timeline
The research project is expected to be completed by the end of 2023. The project timeline is as follows: 1. Planning stage (2022-2023). 2. Literature review (2022-2023). 3. Developing the research protocol (2022-2023). 4. Data collection (2023-2024). 5. Data analysis (2024-2025). 6. Writing the research report (2025-2026).

Stage 1 - Wales Literature Review Summary
The literature review identified a number of key themes related to the experiences and perceptions of people living in rural Wales who have been affected by cancer. The key themes identified were: 1. Limited access to cancer services. 2. Isolation and lack of support. 3. Financial difficulties. 4. Emotional distress. 5. Lack of information and knowledge.

LESANT DELTA WELLBEING - DELTA CONNECT

Introduction
Delta Connect is a service that focuses on transforming social care by promoting self-help and proactive care. It aims to reduce long-term and acute care demands, enhance wellbeing, and promote independence by utilising technology and digital interventions. Delta Wellbeing collaborates with health and social care partners to achieve its goals.

5 steps to CONNECT
A full wrap-around support service focusing on early intervention and prevention.

Outcomes and Outcomes
Delta Connect has supported over 6,337 clients, with 97,315 pro-active calls. 94% of all clients attended within 60 minutes, and 14,263 response call calls. Only 6% of calls resulted in emergency services.

Delta Wellbeing
Delta Wellbeing is a service that provides support and advice to people with mental health issues. The service is available 24/7 and is provided by a team of mental health professionals. Delta Wellbeing is currently in the planning stage and is expected to be completed by the end of 2023.

- RHCW held two very popular **Webinars** in 2023 (January and July), with the most recent Webinar having been held on 30th January 2024, with 40 registered attendees. This number is slightly fewer than the previous two Webinars, however the topics were very research-focused and, whilst highly pertinent, would have less general appeal. Posters with full information and Mentimeter evaluation results are below, with all ratings very positive (4.1 – 4.5 / 5):



Rural Health & Care Wales Winter Webinar

Tuesday 30th January 2024
10am – 12 noon

The RCM's Research Prioritisation Project - Finding the top 10 priorities for midwifery practice and maternity care research



Jenny Cunningham & Jude Field - Research Advisors at the Royal College of Midwives / Project Co - Leads

The Royal College of Midwives (RCM) wants to find the top 10 priorities for midwifery practice and maternity research, based on the perspectives of women, birth people, their friends and family, midwives, midwifery students and maternity support workers. Jenny and Jude will outline how the RCM intends to identify priority areas for research into midwifery and whilst a major focus will be on establishing the priorities for clinical midwifery and maternity care, they also want to identify priorities for research in midwifery education and workforce wellbeing. In order to find out where the gaps in evidence are, two surveys will be circulated. The first survey is now open until 7 April 2024 (see <https://bit.ly/48kRbYH>), which focusses on collecting people's thoughts about evidence uncertainties and gaps in knowledge. The second survey will open in September 2024 and will contain a list of priorities that have been gathered from responses to the first survey. The final stage of the project will be an in-person workshop in January 2025 where the final top 10 list will be confirmed, with a report to be published in May 2025. Identifying the priorities for midwifery research is important in order to highlight the important areas for research that would mean better care for women, their babies and their families. The presentation will explain how you can get involved and help support this important area of work.

A Conversation with the Public: a summary of the Findings



Dr. Julianna Faludi - Research and Development Lead / Bevan Commission, School of Management, Swansea University

"A Conversation with the Public" was a nation-wide action that set out to engage with the people of Wales to find out their views on health and care services. The process included holding public meetings in a series of town halls in each health board area, which aimed at gaining an understand of people's experiences with, and visions about, health and social care. This initiative was led by the Bevan Commission, supported by Llais, and set out to also capture the perceptions about challenges and insights of communities in the different areas of Wales, as expectations and experiences vary locally. Two national surveys captured further information and views of people across the whole of Wales, with a final report published in January 2024. This presentation will outline the process undertaken and the main findings of the report.

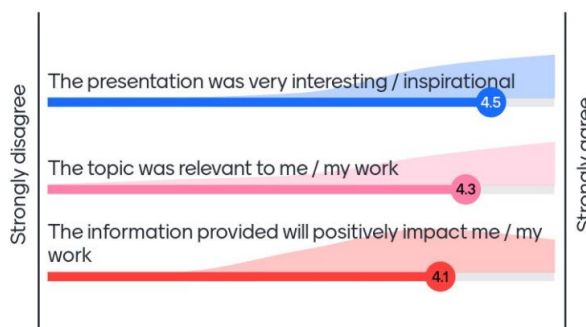
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|---------------|----------------|---|
| Agenda | 10am | Welcome & Introduction |
| | 10.15am | The RCM's Research Prioritisation Project |
| | 11am | A Conversation with the Public |
| | 12 noon | Close |

The Webinar is free of charge to attend but you will need to register for your place by completing the booking form that can be found at www.ruralhealthandcare.wales/webinar

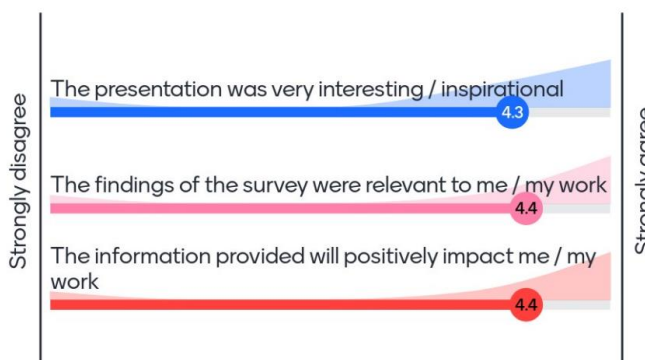
www.ruralhealthandcare.wales
contact@ruralhealthandcare.wales

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The RCM's Research Prioritisation Project - Finding the top 10 priorities for midwifery practice and maternity care research



A Conversation with the Public: a summary of the Findings









- RHCW had a target in its Work Programme 2023/24 to attend at least 4 Conferences to present its work. The following were achieved:
 - 29/06/23 – MediWales Connects: NHS Collaboration Conference, Cardiff Exhibition stand
 - 5 & 6/7/23 – Bevan Commission Conference: The Tipping Point – where next for Health and Care?; Stand and Paper presentation (“On your Bike”, as Bevan Exemplar project)
 - 12/10/23 – Health and Care Research Wales Conference: People make Research (Swansea); Poster presentations (Macmillan Rural Cancer Experience Project & RHCW Wellbeing Walks)
 - 7/12/23 – Public Health Wales Virtual Research and Evaluation Conference; Poster presentation / audio (On your Bike)

- **13/12/24 – THINK Winter Conference; Poster presentation / audio (Wellbeing Walks)**
- RHCW has had two Posters (Macmillan Rural Cancer Experience project & Community Hospitals in Mid Wales) accepted for presentation at the prestigious **ICIC24 International Conference on Integrated Care**, being held this year in Belfast 22-24 April 2024 (see [ICIC24 - 24th International Conference on Integrated Care, Belfast \(integratedcarefoundation.org\)](https://integratedcarefoundation.org)). The Bevan Commission (BC) has included RHCW in the Wales contingent travelling to the Conference and will fund the ticket cost for AP to attend, to present both Posters and participate in networking activities with the Wales contingent reporting back to the WG.

AP has also been asked to co-Chair the **ICIC Special Interest Group on integrated care in small island systems** (mainly the Scottish islands, Channel Islands, Isle of Man and Malta, but now extending to encompass other rural areas) with Prof. Sarah-Anne Munoz from NHS Education for Scotland, where she is leading the newly established National Centre for Remote and Rural Health and Care. Event taking place during the Conference.
- The RHCW Work Programme 2023/24 noted that RHCW should attend at least 3 suitable events to raise the profile of rural health and care issues / RHCW. The following were attending:
 - *11th May 2023* – Powys Academic, Industry and Eco System Collaborative event, Bronllys
 - *16th May 2023* – Summit meeting of the 6 Welsh Government Communities of Practice, National Botanical Gardens
 - *16th June 2023* – DSPP Accelerator event, Welsh Government, Cardiff
 - *27th June 2023* – Regional learning and Skills Partnership event, Liberty stadium, Swansea
 - *24th & 25th July 2023* – Royal Welsh Agricultural Show (attendance at Growing Mid Wales event; attendance at WI Violence Against Women launch event; recordings undertaken for launch of RHCW Podcast)
 - *24th October 2023* – Careers Fair, Newtown (promoting health and care roles in rural areas to school pupils)
 - *7th December 2023* – Greener Aberystwyth Group AGM (presentation on RHCW work / Wellbeing Walks)
 - *25th January 2024* – presentation on the work of RHCW and impact of nature / being outdoors to the Ceredigion Local Access Forum
 - *6th March 2024* – Careers Fair, Aberystwyth (promoting health and care roles in rural areas to school pupils)
- AP was presented with a Certificate for being shortlisted for the “Outstanding contribution to health and social care” award at the **West Wales Regional Partnership Board Conference** that took in Llanelli on 14/03/24.

Summary of RHCW Conference 2023 Feedback and Evaluation

| 1. Please indicate which days of the Conference you attended: | | | | |
|---|---------------------------------------|---|------------------|----------------|
| Answer Choices | | | Response Percent | Response Total |
| 1 | Tuesday 14th November 2023 |  | 45.61% | 26 |
| 2 | Wednesday 15th November 2023 |  | 17.54% | 10 |
| 3 | Both days - 14th & 15th November 2023 |  | 36.84% | 21 |
| | | | answered | 57 |
| | | | skipped | 0 |

| 2. Did you join the Conference: | | | | |
|---------------------------------|--|---|------------------|----------------|
| Answer Choices | | | Response Percent | Response Total |
| 1 | In person, at the Royal Welsh showground in Builth Wells |  | 66.67% | 38 |
| 2 | Virtually, online via Teams |  | 29.82% | 17 |
| 3 | A mix of in-person attendance and also virtual |  | 3.51% | 2 |
| | | | answered | 57 |
| | | | skipped | 0 |

3. Please rate the Plenary sessions that were presented on the first day of the Conference (14th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|--|---|---|-------------|--------------|----------------|----------------|
| Ben Eaton, Strategic Director of Organisational Strategy & Jack Evershed, Non-Exec. Board Member, Llais - Strengthening People's Voices in Rural Communities | 0.00% 0 | 0.00% 0 | 8.51% 4 | 55.32% 26 | 36.17% 17 | 47 |
| Dr Veronika Rasik, Rural Seeds Founding Ambassador / Rural WONCA Council Member - Lessons Learned from the work of the European Rural and Isolated Practitioner Association (EURIPA) in building a global network to support current and future rural clinicians | 0.00% 0 | 2.04% 1 | 8.16% 4 | 44.90% 22 | 44.90% 22 | 49 |
| Steve Moore, Chief Exec. Hywel Dda University Health Board; Hayley Thomas, Acting Chief Exec., Powys Teaching Health Board; Carol Shillabeer, Acting Chief Exec., Betsi Cadwaladr University Health Board - The Current and Future Plans of the three Health Boards working across Mid Wales | 0.00% 0 | 4.26% 2 | 17.02% 8 | 36.17% 17 | 42.55% 20 | 47 |
| | | | | | answered | 50 |
| | | | | | skipped | 7 |
| Comments: (6) | | | | | | |
| 1 | 07/12/2023 17:20 PM ID: 233466577 | Unfortunately I missed the beginning of the day due to a prior commitment | | | | |
| 2 | 07/12/2023 19:21 PM ID: 233474860 | I found the sessions very difficult to understand. I have severe hearing loss and it was almost impossible for me to tell what was being said. My hearing aids do not work with the headsets supplied for translation either. | | | | |
| 3 | 07/12/2023 22:30 PM ID: 233483504 | I thought it was disappointing that the presentation from Carol Shilabeer did not focus on the rural areas Twywn, Aberdovey, Dolgellau etc but seemed to be about the north among the A5 corridor. | | | | |

3. Please rate the Plenary sessions that were presented on the first day of the Conference (14th November 2023):

| | | |
|---|---|---|
| 4 | 08/12/2023 11:18 AM ID: 233506802 | Learning from rural areas outside the UK is useful and important addition to our local work - thank you Excellent (& essential) to have attendance from the 3 CEOs |
| 5 | 11/12/2023 16:50 PM ID: 233667357 | Thought Veronika's talk was very clear. Passionate delivery. Useful discussions about engaging with local communities in Ben and Jack's presentation. |
| 6 | 15/12/2023 13:39 PM ID: 234023986 | Enjoyed |

4. Please rate the relevant (do not score if you did not attend) Break-out Presentations 1 that were delivered on the first day of the Conference (14th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|--|-------------------|--------------|-------------|--------------|----------------|----------------|
| We know we need to do something different: the Powys Health and Care Academy Careers Education Enterprise Scheme: Julia Williams & Julia Toy, PTHB | 0.00% 0 | 0.00% 0 | 5.56% 1 | 61.11% 11 | 33.33% 6 | 18 |
| A real-world evaluation of technology enabled care (TEC) with heart failure patients: Billy Woods, TriTech & Gareth Davies, HDdUHB | 0.00% 0 | 5.56% 1 | 11.11% 2 | 44.44% 8 | 38.89% 7 | 18 |
| Delivering a Sexual Assault Referral Centre (SARC) to support victims and survivors of serious sexual assault in Mid and West Wales, through collaborative multi-agency working and a shared vision: Helen Munro, Clinical Lead, Wales Sexual Assault Service (WSAS) | 0.00% 0 | 0.00% 0 | 0.00% 0 | 37.50% 6 | 62.50% 10 | 16 |
| | | | | | answered | 39 |
| | | | | | skipped | 18 |
| Comments: (4) | | | | | | |

4. Please rate the relevant (do not score if you did not attend) Break-out Presentations 1 that were delivered on the first day of the Conference (14th November 2023):

| | | |
|---|---|---|
| 1 | 07/12/2023 17:20 PM ID: 233466577 | I have since made contact to have sexual assault information delivered to student nurses in PTHB |
| 2 | 08/12/2023 11:18 AM ID: 233506802 | Sadly technology let us down here and link was lost. However, was able to e-mail presenter after meeting for copy of slides and discussion with our team, as relevant tech information to some of our own exploratory work within Pathology |
| 3 | 15/12/2023 13:39 PM ID: 234023986 | Enjoyed all |
| 4 | 15/12/2023 13:58 PM ID: 234025596 | very informative and interesting. |

5. Please rate the Bitesize Presentations that were delivered on the first day of the Conference (14th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|--|-------------------|--------------|-------------|--------------|----------------|----------------|
| Green Gatherings - Lisa Kinsella & Nicole Cummings, Lecturers in Healthcare Education, Aberystwyth University | 0.00% 0 | 0.00% 0 | 13.89% 5 | 52.78% 19 | 33.33% 12 | 36 |
| Queering Compassionate Care: how Aberystwyth University is enhancing healthcare education to respond to the rich diversity of rural healthcare services' LGBTQ+ patients and service users - Matt Townsend, Lecturer in Healthcare Education, Aberystwyth University | 0.00% 0 | 2.56% 1 | 17.95% 7 | 30.77% 12 | 48.72% 19 | 39 |
| Empowering Rural Communities: Community Micro-Enterprises in Wales - Tom Hughes & Fran Lowden, Community Catalyts Gwynedd | 0.00% 0 | 0.00% 0 | 10.81% 4 | 56.76% 21 | 32.43% 12 | 37 |
| Spike on a Bike - Dr Joseph Janes, Criminology Lecturer, Swansea University | 0.00% 0 | 0.00% 0 | 10.53% 4 | 42.11% 16 | 47.37% 18 | 38 |

5. Please rate the Bitesize Presentations that were delivered on the first day of the Conference (14th November 2023):

| | | | |
|---------------|---|---|----|
| | | answered | 42 |
| | | skipped | 15 |
| Comments: (2) | | | |
| 1 | 11/12/2023 16:50 PM ID: 233667357 | All were very good in this session. Very useful to know about spike on bike as was not aware of this service. The queering compassionate care gave valuable context on how frontline staff are being trained. | |
| 2 | 15/12/2023 13:39 PM ID: 234023986 | Enjoyed all | |

6. Please rate the relevant (the one you attended) Breakout Presentation 2 that was delivered on the first day of the Conference (14th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|--|---|--------------|-------------|--------------|----------------|----------------|
| Consultant Connect: How telemedicine is bridging the gap in rural healthcare - Rae Workman, Consultant Connect & Alastair Rieves, NHS Executive | 0.00% 0 | 0.00% 0 | 0.00% 0 | 60.00% 18 | 40.00% 12 | 30 |
| Children's Epilepsy Specialist Nurse: An Economic Evaluation - Prof. Murray Smith, Professor of Rural Health Economics, Aberystwyth University & Chloe Killick, Paediatrics Long Term Conditions Nurse, HDdUHB | 0.00% 0 | 0.00% 0 | 10.00% 1 | 30.00% 3 | 60.00% 6 | 10 |
| | | | | | answered | 35 |
| | | | | | skipped | 22 |
| Comments: (1) | | | | | | |
| 1 | 15/12/2023 13:39 PM ID: 234023986 | Enjoyed | | | | |

7. Please rate the relevant (the one you attended) Breakout Presentation 3 that was delivered on the first day of the Conference (14th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|--|---|---|-------------|--------------|----------------|----------------|
| Connecting People & Community for Living Well: Learnings from a Multi-Sector Collaborative Approach to supporting People to Live well in rural Alberta Communities - Helen Lightfoot & Sharon Hamlin, Senior Practice Consultants & Katharine Mellon & Blair Wold, Practice Leads, Alberta Health Services, Canada | 0.00% 0 | 0.00% 0 | 12.90% 4 | 48.39% 15 | 38.71% 12 | 31 |
| Democratising Access to Community Services Utilising Voice Technology - Caroline Laurenson, MD TL Tech Ltd. Chris Mackie, the Health and Social Care Alliance, Aberdeenshire, Scotland | 0.00% 0 | 12.50% 1 | 12.50% 1 | 37.50% 3 | 37.50% 3 | 8 |
| Mamwlad Project - Amy Peter & Lesley Price, Care & Repair in Powys and Gethin Ewards, Age Cymru Powys | 0.00% 0 | 0.00% 0 | 0.00% 0 | 71.43% 10 | 28.57% 4 | 14 |
| | | | | | answered | 39 |
| | | | | | skipped | 18 |
| Comments: (4) | | | | | | |
| 1 | 07/12/2023 17:11 PM ID: 233465758 | I followed Mamwlad but cannot unpick the connecting People so put it as neutral | | | | |
| 2 | 08/12/2023 11:18 AM ID: 233506802 | Again including practical examples/learning experience of changing rural practice from outside the UK is worthwhile content | | | | |
| 3 | 14/12/2023 11:58 AM ID: 233944032 | The presentation shared after the event was good, but audio issues on the day meant this session was unsuccessful. | | | | |
| 4 | 15/12/2023 13:39 PM ID: 234023986 | Enjoyed | | | | |

8. Please rate the Plenary sessions that were presented on the second day of the Conference (Wednesday, 15th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|---|-------------------|--------------|-------------|--------------|----------------|----------------|
| Dr Erin Penno, Lecturer in Public Health, Otago Medical School, New Zealand - How did New Zealand's Regional District Health Board Groupings work to improve service integration and health outcomes? | 3.57% 1 | 3.57% 1 | 3.57% 1 | 42.86% 12 | 46.43% 13 | 28 |
| Dr Helen Howson, Director of the Bevan Commission - Embracing Chang: a rural perspective on "Let's Not Waste" | 0.00% 0 | 7.41% 2 | 3.70% 1 | 44.44% 12 | 44.44% 12 | 27 |
| Kay Helyar, Training Manager with the DPJ Foundation - The Role of Mental Health Awareness Training in Rural Communities | 0.00% 0 | 0.00% 0 | 7.41% 2 | 33.33% 9 | 59.26% 16 | 27 |
| Cat Nunn, Director, Music Anywhere CIC - Audio-visual elements to demonstrate the impact of an Arts in Health approach, with an evidence-based presentation about the benefits of music in Health and Social Care | 0.00% 0 | 0.00% 0 | 13.64% 3 | 40.91% 9 | 45.45% 10 | 22 |
| | | | | | answered | 31 |
| | | | | | skipped | 26 |

Comments: (7)

| | | |
|---|---|--|
| 1 | 07/12/2023 17:21 PM ID: 233466657 | Loved the variety of sessions, but especially loved the enthusiasm of Cat Nunn. Maybe her session could have been longer and first thing in the morning. It would have energised us all for the day! |
| 2 | 07/12/2023 19:21 PM ID: 233474860 | I found the video presentations very difficult as I have severe hearing loss and there was no way I could understand the presenters. |
| 3 | 08/12/2023 11:18 AM ID: 233506802 | Bevan presentation always provides food for thought |

8. Please rate the Plenary sessions that were presented on the second day of the Conference (Wednesday, 15th November 2023):

| | | |
|---|---|--|
| 4 | 08/12/2023 12:24 PM ID: 233513381 | I Missed Cat's presentation so cannot rate it - the first one from NZ was very dense, a lot of mainly very academic information and so I was not really the audience for that the other 2 presentations were more relatable to what I do at RAY Ceredigion |
| 5 | 08/12/2023 13:29 PM ID: 233519122 | Each speaker was engaging and knew their subject well, coming from very diverse viewpoints. |
| 6 | 11/12/2023 16:50 PM ID: 233667357 | Particularly liked Erin's talk. Felt gave a very clear description of the challenges faced in rural communities in NZ. Very familiar. |
| 7 | 15/12/2023 13:39 PM ID: 234023986 | Some really good ideas |

9. Please rate Breakout Presentations 1 that was delivered on the second day of the Conference (15th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|---|-------------------|--------------|-------------|-------------|----------------|----------------|
| Anchoring community-led solutions to social care issues, in social enterprises, across rural Wales - Angharad Jones & Dan Roberts, Cwmpas, and Steffan Lemke-Elms, PAVS | 0.00% 0 | 0.00% 0 | 11.76% 2 | 52.94% 9 | 35.29% 6 | 17 |
| Out of Hours' specialist paediatric end of life nursing service in North Wales - Angharad Davies & Pam Mathias, Ty Gobaith Children's Hospice | 0.00% 0 | 0.00% 0 | 0.00% 0 | 60.00% 6 | 40.00% 4 | 10 |
| Care Homes and Newly Registered Nurses - Sarah Kingdom-Mills, Regional Lead Care Home Education Facilitator, HEIW | 0.00% 0 | 0.00% 0 | 0.00% 0 | 44.44% 4 | 55.56% 5 | 9 |
| | | | | | answered | 21 |
| | | | | | skipped | 36 |
| Comments: (2) | | | | | | |

9. Please rate Breakout Presentations 1 that was delivered on the second day of the Conference (15th November 2023):

| | | |
|---|---|---|
| 1 | 10/12/2023 05:43 AM ID: 233583877 | Poor internet connection, and it was clearly very difficult for speakers to get started missed about 15 to 20 minutes of the talk due to this, but this is not the fault of the speakers. |
| 2 | 15/12/2023 13:39 PM ID: 234023986 | satisfactory |

10. Please rate the Bitesize Presentations that were delivered on the second day of the Conference (15th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|--|-------------------|--------------|------------|--------------|----------------|----------------|
| Falls Prevention for Powys - Erin Hugo, Clinical Specialist Physiotherapist for Falls, PTHB | 0.00% 0 | 0.00% 0 | 9.09% 2 | 40.91% 9 | 50.00% 11 | 22 |
| Improving Unpaid Carers involvement and experience of the frailty pathway: A Pilot Study - Pennie Muir, Chris Holland & Elizabeth Errington-Evans, HDdUHB | 0.00% 0 | 0.00% 0 | 9.09% 2 | 54.55% 12 | 36.36% 8 | 22 |
| Approaches to screening for frailty and nutritional status in community dwelling older adults - Thomas Willson, Senior Researcher, Aberystwyth University | 0.00% 0 | 0.00% 0 | 8.33% 2 | 54.17% 13 | 37.50% 9 | 24 |
| Exploring the life experiences and needs of caregivers in North Wales to develop knowledge and understanding of the meanings of different caregiving activities and their impact on the identity of caregivers - Rhian Grace Lloyd, Bangor, Swansea University | 4.55% 1 | 4.55% 1 | 9.09% 2 | 59.09% 13 | 22.73% 5 | 22 |
| | | | | | answered | 27 |
| | | | | | skipped | 30 |

10. Please rate the Bitesize Presentations that were delivered on the second day of the Conference (15th November 2023):

Comments: (4)

| | | |
|---|---|--|
| 1 | 07/12/2023 17:21 PM ID: 233466657 | Great to hear about academic research - but it is better to hear about the changes that are actually happening for people rurally (rather than projects that are being talked about) |
| 2 | 08/12/2023 12:24 PM ID: 233513381 | I did not get much out of these but again I am not the audience and the 4th presentation I found very weak in its whole concept with a very weak research concept and very weak evidence that did not relate to the topic of care giving in any meaningful way |
| 3 | 08/12/2023 17:00 PM ID: 233539844 | Unable to hear the translation properly |
| 4 | 15/12/2023 13:39 PM ID: 234023986 | enjoyed |

11. Please rate the relevant (the one you attended) Breakout Presentation 2 that was delivered on the second day of the Conference (15th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|--|-------------------|--------------|-------------|-------------|----------------|----------------|
| Overlook the role of rural communities at your peril in the integration of health and care - Donna Coyle, Cwmpas, & Jo Hobson, PAVS | 0.00% 0 | 0.00% 0 | 20.00% 4 | 30.00% 6 | 50.00% 10 | 20 |
| Virtual Reality in End-of-Life Care - Carys Stevens, Palliative Care Team Lead Ceredigion, HDdUHB | 0.00% 0 | 0.00% 0 | 12.50% 2 | 25.00% 4 | 62.50% 10 | 16 |
| Using immersive simulations to develop joined up approaches to care across multi-disciplinary, multi-site teams - Tim Smith & Owen Hughes, Powys Living Well Service, PTHB & Dr Dean Whitcombe, Hydra Manager, USW | 0.00% 0 | 0.00% 0 | 10.00% 1 | 40.00% 4 | 50.00% 5 | 10 |
| | | | | | answered | 26 |

11. Please rate the relevant (the one you attended) Breakout Presentation 2 that was delivered on the second day of the Conference (15th November 2023):

| | | | | |
|---------------|---|---|---------|----|
| | | | skipped | 31 |
| Comments: (3) | | | | |
| 1 | 07/12/2023 19:21 PM ID: 233474860 | As previous comments, I could not hear or make any sense of the presentations. | | |
| 2 | 08/12/2023 17:00 PM ID: 233539844 | I think these have been muddled up as I attended both these but none from the earlier section | | |
| 3 | 15/12/2023 13:39 PM ID: 234023986 | Brilliant ideas which I had thought of this - my father in law passed away this year - he would have loved to virtually walk in his garden. | | |

12. Please rate the relevant (the one you attended) Breakout Presentation 3 that was delivered on the second day of the Conference (15th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|---|-------------------|--------------|-------------|-------------|----------------|----------------|
| Connecting People in a Rural Community - Gill Byrne, Exec. Officer, RAY Ceredigion | 0.00% 0 | 0.00% 0 | 0.00% 0 | 47.37% 9 | 52.63% 10 | 19 |
| GMC Credential in Rural & Remote Health (Unscheduled and Urgent Care); moving towards delivery - Dr Pauline Wilson, NHS Education for Scotland | 0.00% 0 | 0.00% 0 | 12.50% 1 | 50.00% 4 | 37.50% 3 | 8 |
| Using Reminiscence Interactive Therapies Activities (RITA) in ambulance environments for patients from Rural Wales - Chella Rowles & Alison Johnstone, WAST | 0.00% 0 | 0.00% 0 | 11.11% 1 | 44.44% 4 | 44.44% 4 | 9 |
| | | | | | answered | 22 |
| | | | | | skipped | 35 |
| Comments: (5) | | | | | | |

12. Please rate the relevant (the one you attended) Breakout Presentation 3 that was delivered on the second day of the Conference (15th November 2023):

| | | |
|---|---|--|
| 1 | 07/12/2023 19:21 PM ID: 233474860 | The session I attended was a video presented by the manager of RAY Ceredigion. The video showed the work of the charity and was somewhat easier to follow and understand. |
| 2 | 08/12/2023 12:24 PM ID: 233513381 | Ha ha!! I am very satisfied with this one because it was our presentation from RAY Ceredigion! Thanks for the opportunity to present, at least 2 organisations have commented with positive feedback on the film and how it identified the power of community peer support groups in addressing health in rural areas, and an organisation requested to show the film internally to their staff team as an example of really good practice so thank you for providing the opportunity for us to share our approach |
| 3 | 08/12/2023 13:29 PM ID: 233519122 | Gill gave much information in media/video format, which was a welcome break from some speakers, but also very impactful. |
| 4 | 14/12/2023 11:51 AM ID: 233943288 | The presentation by RAY ceredigion was excellent and really delivered the message of how important services like this are to a whole range of people to enable them to maintain their wellbeing through a variety of activities and groups. |
| 5 | 15/12/2023 13:39 PM ID: 234023986 | enjoyed |

13. Please rate the relevant (the one you attended) Breakout Presentation 4 that was delivered on the second day of the Conference (15th November 2023):

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total |
|--|-------------------|--------------|-------------|-------------|----------------|----------------|
| Evaluating the impact of community centered approaches to health and wellbeing - Jessie Buchanan, Together for Change | 0.00% 0 | 0.00% 0 | 5.88% 1 | 41.18% 7 | 52.94% 9 | 17 |
| Borth Integrated Health and Care Community Services - Dr Sue Fish, GP, & Claire Bryant, Clinical Care Co-ordinator / Advanced Nurse Practitioner, Borth Surgery | 0.00% 0 | 0.00% 0 | 0.00% 0 | 41.67% 5 | 58.33% 7 | 12 |
| Delivering Continuous Professional Development for Primary Care Clinicians in Hywel Dda University Healthboard in the form of weekly online 30 minute lunch time webinars - Dr | 0.00% 0 | 0.00% 0 | 20.00% 2 | 40.00% 4 | 40.00% 4 | 10 |

13. Please rate the relevant (the one you attended) Breakout Presentation 4 that was delivered on the second day of the Conference (15th November 2023):

| | | | | | | | |
|---|---|---|--|--|--|----------|----|
| Salonie Jain, GP Cancer Facilitator, HDdUHB | | | | | | | |
| | | | | | | answered | 25 |
| | | | | | | skipped | 32 |
| Comments: (2) | | | | | | | |
| 1 | 08/12/2023 12:24 PM ID: 233513381 | Unfortunately we had to leave before this section of the day but I would be very interested in the Borth presentation | | | | | |
| 2 | 15/12/2023 13:39 PM ID: 234023986 | Good ideas | | | | | |

14. Please rate the following in relation to the Conference itself:

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total | |
|---|-------------------|--------------|-------------|--------------|----------------|----------------|----|
| The Range and Relevance of Plenary and Presentation topics: | 0.00% 0 | 0.00% 0 | 8.70% 4 | 56.52% 26 | 34.78% 16 | 46 | |
| The Programme / Format of the Conference: | 0.00% 0 | 2.22% 1 | 4.44% 2 | 55.56% 25 | 37.78% 17 | 45 | |
| The catering at the Conference (for those who attended in person) | 0.00% 0 | 0.00% 0 | 2.63% 1 | 36.84% 14 | 60.53% 23 | 38 | |
| The location and venue | 0.00% 0 | 2.44% 1 | 7.32% 3 | 51.22% 21 | 39.02% 16 | 41 | |
| Organisation and Marketing of the Conference: | 0.00% 0 | 2.27% 1 | 11.36% 5 | 52.27% 23 | 34.09% 15 | 44 | |
| | | | | | | answered | 46 |
| | | | | | | skipped | 11 |
| Comments: (11) | | | | | | | |

14. Please rate the following in relation to the Conference itself:

| | | |
|----|---|--|
| 1 | 07/12/2023 17:21 PM ID: 233466657 | Could there be some signage to direct you to and from the venue (from the entrances). I found it very difficult finding my way out at the end of the first day as it was dark and the area very unfamiliar. I had to wait until someone else was driving out and followed them. Maybe some clear signage pointing towards the car park - and more signage pointing towards the exit - would be helpful. |
| 2 | 07/12/2023 18:17 PM ID: 233470994 | Whilst the call for abstracts was in plenty of time, the notice period between being offered a presentation slot and the event was just 8 working days, with half term in the mix. This left us with just 2 working days with all members of the team in work before the conference and other pressing deadlines to manage. I recommend more notice is given in future years. |
| 3 | 07/12/2023 22:30 PM ID: 233483504 | I would have liked longer to read the posters as the lunch break was also important for networking. |
| 4 | 08/12/2023 09:01 AM ID: 233493949 | An excellent event with very informative presentations and posters. Well done Team RHCW! |
| 5 | 08/12/2023 11:18 AM ID: 233506802 | Attending on line is never the same as an in-person event, but this combined conference I felt went extremely well and the IT glitches were few and generally well handled. The option of on-line I'm sure increased the overall attendance and certainly enabled me to attend at least some of the sessions, around clinical commitments which would not have allowed in-person attendance. Hopefully reduced some of the associated CO2 from travel too! |
| 6 | 08/12/2023 13:29 PM ID: 233519122 | Signposting on the site itself could have been improved, but staff pointed us in the right direction. The catering was excellent and the venue was a good size (maybe could have been warmer!). |
| 7 | 08/12/2023 17:00 PM ID: 233539844 | Parking and directions on site not very clear. Venue quite basic/draughty/cold. I'm aware there were issues for the online attendees and some presentations were affected by IT issues, nobody's fault but still a shame. |
| 8 | 12/12/2023 09:24 AM ID: 233742550 | Minor detail in comparison but the venue became cold in the afternoon |
| 9 | 14/12/2023 11:58 AM ID: 233944032 | The provision for a hybrid conference is appreciated, however this does need more preparation and testing in advance. The experience on Tuesday was detrimental to both people attending in-person and online, but if these can be resolved and maybe they were improved for the second day, then it would be a really successful event. |
| 10 | 14/12/2023 16:08 PM ID: 233969927 | It was difficult for our volunteers to decide whether or not to attend the conference as the programme was not available very early in advance of the conference. |
| 11 | 15/12/2023 12:22 PM ID: 234018295 | Beautifully done |

15. Please confirm your overall rating of the Rural Health and Care Conference 2023 “Embracing Change - welcoming innovation and new ways of delivering Rural Health and Care services” and add any relevant comments you wish to make:

| Answer Choices | Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied | Response Total | |
|----------------|-------------------|--------------|------------|--------------|----------------|----------------|----|
| | 0.00% 0 | 0.00% 0 | 8.16% 4 | 48.98% 24 | 42.86% 21 | 49 | |
| | | | | | | answered | 49 |
| | | | | | | skipped | 8 |



Comments: (11)

| | | |
|---|---|---|
| 1 | 07/12/2023 17:21 PM ID: 233466657 | Many of the presentations felt a little Betsi/Powys heavy. There are very rural areas around Cardiff and Newport, which are always ignored compared to Betsi and Powys. Also, South Pembrokeshire and Carmarthenshire were not particularly included. For a Wales-wide conference, it did not feel Wales-wide unfortunately. |
| 2 | 07/12/2023 19:21 PM ID: 233474860 | I have severe hearing loss and found that the loop system wasn't effective and the video presentations were in such a format that didn't allow me to lip read the presenters. The easiest ones for me, were those that had text bullet points included. It would be wonderful if the 'live' presenters stood still behind the lectern, faced the audience throughout, and ideally, have bullet points of their information projected on a screen to the side. Questions from the floor were totally beyond me to make out a word. |
| 3 | 07/12/2023 22:30 PM ID: 233483504 | It was an interesting event. There were some good ideas for innovative approaches to rural health and care but I am concerned at how long implementation seems to take. Also taking into account the posters as well as the presentations, I think that Powys is disadvantaged as it doesn't have a DGH. SO much seems to be led by secondary care. |
| 4 | 08/12/2023 11:18 AM ID: 233506802 | Glad I attended and good luck with preparation for 2024! |
| 5 | 08/12/2023 13:29 PM ID: 233519122 | A very enjoyable and engaging event, with good speakers and great opportunity to network. |
| 6 | 08/12/2023 17:00 PM ID: 233539844 | It might have been good to have a session on solutions/next steps, to facilitate some appreciative enquiry style learning and planning with other stakeholders. |
| 7 | 11/12/2023 16:50 PM ID: 233667357 | So glad this regular event exists. A really interesting range of presentations this time, and all very relevant. |
| 8 | 12/12/2023 09:24 AM ID: 233742550 | The organisation of the event was excellent - not easy with so many presenters joining remotely. Well done to all concerned. Excellent opportunity for networking |




15. Please confirm your overall rating of the Rural Health and Care Conference 2023 “Embracing Change - welcoming innovation and new ways of delivering Rural Health and Care services” and add any relevant comments you wish to make:

| | | |
|----|---|---|
| 9 | 12/12/2023 16:34 PM ID: 233787186 | It was really important to be able to network with people again. |
| 10 | 15/12/2023 12:13 PM ID: 234017661 | Nodir bod- y ffurflen yma yn Saesneg yn unig, dylai fod yn ddwyieithog. Dyma'r tro cyntaf i fi fynychu'r gynhadledd hon, cyflwyniadau yn ddiddorol iawn ar y cyfan. Gan ystyried fod y gynhadledd yma ar 'rural Health and Care' a bod y mwyafrif o'r boblogaeth o gefngwlad Cymru yn siarad Cymraeg roeddwn i'n siomedig iawn ar cynrychiolaeth y Gymraeg ar draws y Cynhadledd yn gyffredinol (heb law am amryw o bobl yn son 'these services are also available in Welsh'), er bod un cyflwyniad ac oleiaf un poster yn Gymraeg- gallai fod rhagor- ee son am cyd destun defnydd y Gymraeg mewn gofal yn y neges gan y cadeirydd ar y dechrau. Nodir, gyda'r un cyflwyniad Cymraeg gwnaeth y cadeirydd ddim caniatáu unrhyw gestiwn oherwydd cyfyngiadau amser- byddai wedi bod yn dda i cael y cyfle i ofyn un, yn enwedig gan bod y mwyafrif o'r cyflwyniadau eraill wedi cael oleiaf un neu'n fwy! Hefyd ni chlywais 'Mwy na geiriau' wedi cael ei drafod o gwbl trwy gydol y cynhadledd- dim hyd yn oed gan Eluned Morgan , siomedig gan fod hwn i fod yn strategaeth Llywodraeth Cymru sydd i fod i fod yn bwysig i'r sector gofal. |
| 11 | 15/12/2023 12:22 PM ID: 234018295 | Welldone |

16. Would you be interested in attending a Rural Health and Care Conference in 2024?

| Answer Choices | | Response Percent | Response Total |
|-----------------------------|-------------------------|--|----------------|
| 1 | Yes |  | 98.11% 52 |
| 2 | No |  | 1.89% 1 |
| 3 | Other (please specify): | | 0.00% 0 |
| | | answered | 53 |
| | | skipped | 4 |
| Other (please specify): (0) | | | |
| No answers found. | | | |

17. If you answered yes to the previous question, what format of a Conference would you prefer to attend?

| Answer Choices | | | Response Percent | Response Total |
|----------------|--|---|------------------|----------------|
| 1 | In-person Conference |  | 39.62% | 21 |
| 2 | Virtual / Online |  | 16.98% | 9 |
| 3 | Hybrid format (offering in person and online attendance) |  | 43.40% | 23 |
| | | | answered | 53 |
| | | | skipped | 4 |

Please provide any suggestions for improvement or ideas for future Rural Health and Care Conferences and / or events:

| Answer Choices | | | Response Percent | Response Total |
|----------------|---|---|------------------|----------------|
| 1 | Open-Ended Question | | 100.00% | 17 |
| 1 | 07/12/2023 17:20 PM ID: 233466577 | Another very successful conference. Thank you | | |
| 2 | 07/12/2023 17:21 PM ID: 233466657 | I felt you handled the hybrid nature of the conference very, very well. It cannot be easy to host a hybrid conference - but boy, you did it well! | | |
| 3 | 07/12/2023 18:17 PM ID: 233470994 | see Q14 | | |
| 4 | 07/12/2023 19:21 PM ID: 233474860 | I enjoyed the conference, but felt that I would have been able to contribute and get more value from the excellent speakers, if accessibility had been looked at more thoroughly. | | |
| 5 | 08/12/2023 11:18 AM ID: 233506802 | It was difficult from on line to assess how many actual attendees (ie numbers to cover hiring costs), but hybrid at least ensures the speakers have some audience (it's never the same experience seated and speaking to your PC screen) and a 'buzz' of atmosphere between presentations. Obviously on line attendees miss the posters and networking, which are two other important /essential features of in-person events, but at least offer those with clinical commitments the chance to attend part - or those sessions most relevant | | |

Please provide any suggestions for improvement or ideas for future Rural Health and Care Conferences and / or events:

| | | |
|----|---|--|
| 6 | 08/12/2023 17:00 PM ID: 233539844 | See above for collaboration opportunities within conference schedule. |
| 7 | 10/12/2023 05:43 AM ID: 233583877 | Better internet service is a must |
| 8 | 11/12/2023 08:52 AM ID: 233617535 | Social prescribing and new toolkit led by PAVO |
| 9 | 11/12/2023 09:20 AM ID: 233620850 | Market place type stands showcasing services being offered in rural health, in addition to those who present at the conference, would give the opportunity for networking and informal exchange of knowledge and ideas for those who attend in person |
| 10 | 13/12/2023 19:29 PM ID: 233898096 | Bring more African foods |
| 11 | 14/12/2023 11:49 AM ID: 233943071 | None |
| 12 | 14/12/2023 11:58 AM ID: 233944032 | Whilst the voting on posters seemed to encourage more people to look at all the posters, there seemed to be little engagement with poster presenters themselves. It may be because some of the presenters were attending online rather than in person. Not sure how this could be done effectively, but might be interesting to explore ways in which people in person can also engage more with those attending online. |
| 13 | 15/12/2023 08:32 AM ID: 234000268 | Check the tech for sound on presentations. I understand hybrid is challenging - so not complaining, but it is the new norm, so definitely worth investing in. |
| 14 | 15/12/2023 12:13 PM ID: 234017661 | Cynnwys mwy o gyflwyniadau yn y Gymraeg, neud e'n fwy amlwg ar yr amserlen a gyflwyniad(au) sydd mynd i fod yn Gymraeg |
| 15 | 15/12/2023 12:22 PM ID: 234018295 | More variety of hot and spicy foods |
| 16 | 15/12/2023 13:39 PM ID: 234023986 | There was a broad spectrum of topics produced this year - more of the same really. |
| 17 | 18/12/2023 09:10 AM ID: 234100341 | Coffee/toilet breaks Interdictions for who sitting on table |

| | |
|----------|----|
| answered | 17 |
| skipped | 40 |

Please include any other comments or observations that you wish to make:

| Answer Choices | | | Response Percent | Response Total |
|----------------|---|---|------------------|----------------|
| 1 | Open-Ended Question | | 100.00% | 16 |
| 1 | 07/12/2023 17:29 PM ID: 233467303 | This was my first time at the conference and it was very enlightening for me . I am grateful I had the opportunity to be there . | | |
| 2 | 07/12/2023 22:30 PM ID: 233483504 | It would be great to see some research being done in primary care in rural areas and the findings presented at the Forum | | |
| 3 | 08/12/2023 11:18 AM ID: 233506802 | So glad to hear it is getting bigger each year! | | |
| 4 | 08/12/2023 17:00 PM ID: 233539844 | Some of the Public Health students who attended were rather ignorant of conference etiquette, not mindful of others around them (talking during presentations, pushing in front of others in queues etc). | | |
| 5 | 11/12/2023 08:52 AM ID: 233617535 | excellent conference although I had to dip in and out - hence inability to provide feedback | | |
| 6 | 11/12/2023 09:20 AM ID: 233620850 | The conference overall and also the poster presentations, were very interesting and covered a wide variety of topics. | | |
| 7 | 11/12/2023 17:09 PM ID: 233668762 | Really enjoyed my first conference and look forward to attending next year again. Many thanks | | |
| 8 | 13/12/2023 19:29 PM ID: 233898096 | Food was so cold on the second day | | |
| 9 | 14/12/2023 11:47 AM ID: 233942941 | Excellent catering for various dietary requirements | | |
| 10 | 14/12/2023 11:49 AM ID: 233943071 | None | | |
| 11 | 14/12/2023 11:58 AM ID: 233944032 | All the food on offer seemed to be hot and spicy. Some non-spicy alternatives would have been appreciated. | | |

Please include any other comments or observations that you wish to make:

| | | | |
|----|---|--|----|
| 12 | 14/12/2023 12:42 PM ID: 233948144 | I dont know who won the Poster competition. It would be nice to know to see what wins. | |
| 13 | 15/12/2023 08:32 AM ID: 234000268 | I enjoyed the range and diversity of contributions, and have made some useful connections through the presentations. Apologies for not rating all the individual items I attended! | |
| 14 | 15/12/2023 12:13 PM ID: 234017661 | Cynnwys y cyd destun/impact siaradwyr Cymraeg yn gofal - nodir gall cyflwyniadau fod yn Saesneg ar y maes yma hefyd dim dim ond yn Gymraeg. | |
| 15 | 15/12/2023 13:58 PM ID: 234025596 | As a presenter and having sent all materials in advance. I was very disappointed that the I.T elements on the day were so poor. During the presentation, the slides were affected, which interrupted the flow of the presentation for both the readers and the audience. | |
| 16 | 18/12/2023 09:10 AM ID: 234100341 | I attended on 15.11.23 but found the day was very rushed. There was no opportunity to speak to the people who were sitting on my table, there were no coffee/toilet breaks, has to attend either lunch time or in between presentations. On the 15th there was no opportunity to discuss or even talk about the posters that were being represented, or also time to go around the stalls in the room. | |
| | | answered | 16 |
| | | skipped | 41 |