

EITEM AGENDA / AGENDA ITEM: 4.1**Cyd-bwyllgor Canolbarth Cymru ar gyfer Iechyd a Gofal /
Mid Wales Joint Committee for Health and Care**

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| Enw'r Is-Grŵp: Name of Sub-Group: | Mid Wales Clinical Advisory Group |
| Cadeirydd y Is-Grŵp: Chair of Sub-Group: | Dr Kate Wright, Lead Clinical Executive Director for the Mid Wales Joint Committee and Executive Medical Director for Powys Teaching Health Board |
| Dyddiad y Cyfarfod Is-Grŵp diwethaf: Date of last Sub-Group Meeting: | 18 th June 2024 |
| Cyfnod Adrodd: Reporting Period: | April to September 2024 |

Y Penderfyniadau a'r Materion a Ystyriodd yr Is-Grŵp:**Key Decisions and Matters Considered by the Sub-Group:**

The Mid Wales Clinical Advisory Group last met on 18th June 2024. The meeting arranged for 15th August 2024 was cancelled due to low attendance and there were no items that required decision. The low attendance was in part due to August being a peak leave month, however, there have previously been issues with meetings not being quorate.

Vice-Chair

Mr Mark Henwood, Interim Medical Director for Hywel Dda University Health Board, has taken on the role of Vice-Chair for the Clinical Advisory Group.

Mid Wales Priorities 2024/25 and Top 3 Clinical priorities

The group received updates on the Mid Wales priorities for 2024/25, including the Mid Wales Social Care Group priorities and the update on top 3 clinical priorities for 2024/25 as follows:

- **Urology**

Prostate cancer PSA pathway

The Mid Wales Urology group's first area of focus has been the prostate cancer PSA pathway. Following a review it has been confirmed that there is a nationally agreed pathway in place and that these pathways are well established. As such the group have concluded that no further work is required on pathway development.

However, the group have noted that there is need to ensure consistent implementation of the nationally agreed mechanism across the region, in particular, the process in place for the monitoring and surveillance of PSA levels for i) patients who have high PSA levels investigated with no prostate cancer detected and ii) patients with high PSA levels who have been treated for prostate cancer. Currently, these patients are transferred over to the management of primary care with practices having their own individual process in place which is not consistent with each other.

A meeting of Health Board Consultants and GP Cluster leads was held on 12th September 2024 to consider the current administration systems in place for the monitoring and surveillance of these two groups of patients. It was noted that surveillance did not fall under

GMS work as this was classed as screening and work is currently being undertaken to ascertain whether this is a local issue or a national issue.

Trial Without Catheter

The Mid Wales Clinical Advisory Group agreed with the Urology group's recommendation that the next area of focus will be Trial Without Catheter (TWOC) for which a task and finish group has been established and has met twice. The Mid Wales TWOC task and finish group's work has included a discovery process to identify issues and challenges and identify available opportunities to address any gaps in the service. Key points to note from the group include:

- Powys Teaching Health Board and Betsi Cadwaladr University Health Boards have well established models in place for their community TWOC services. Hywel Dda University Health Board introduced community TWOC clinics in three locations, one per county, at the end of May 2024. The introduction of these clinics has resulted in a reduction in the TWOC waiting list.
- A TWOC clinic has now been introduced at the Medical Day Unit, Bronglais Hospital, for patients from Mid Wales who are on the Hywel Dda Urology waiting list. Clinics commenced in September 2024 and will be held three times a month.
- For patients presenting at Bronglais Accident & Emergency staff have found it difficult to navigate the pathway as patients attending were from the three Mid Wales counties (Ceredigion, Powys, South Gwynedd). A central Hywel Dda process/point of contact, Urology triage team, for referring patients onwards to the correct Health Board service/contact is in place and details of the process to be followed has been developed for cascading to departments.
- The Powys continence team and Betsi Cadwaladr district nursing teams are not made aware of those catheterised patients who don't meet the criteria for a TWOC in the community. However, they do need to be aware of these patients as they require management by community services until they receive a TWOC at an acute site, if they are triaged as being suitable for a TWOC. As such it has been agreed that Hywel Dda University Health Board will inform cross border teams of this group of patients.
- There is currently no provision in the Hywel Dda University Health Board community for providing a TWOC service for housebound patients due to lack of staffing and equipment resources. The GP cluster lead for North Ceredigion has agreed to have a discussion with GP cluster colleagues on whether they would be interested in leading on a 3 month pilot for a TWOC service for housebound patients.
- The group discussed the Swansea Bay University Health Board patient leaflet for patients receiving prostatectomies which included guidance for patients to self-remove catheters post discharge. It was noted that patients from Hywel Dda and South Powys would fall under this service, the group felt that were potentially some risks to this approach but that there was a need to better understand the process that Swansea Bay University Health Board had in place.

- **Rheumatology**

The Hywel Dda University Health Board Rheumatology Consultant, based at Bronglais General Hospital, is now in post.

- **Palliative Care**

In September 2023, feedback provided by Mid Wales palliative care leads was submitted to the National Palliative Care and End of Life Programme team regarding the challenges faced around the delivery of palliative care services in Mid Wales. The Joint Committee team met with the national team in July 2024 to discuss what further support they required

on ensuring the Mid Wales position was considered. As a result the Joint Committee team facilitated meetings between the national team and Mid Wales Health Board palliative care leads to allow them to share the latest position on current palliative care pathways and service provision across Mid Wales for informing the on-going work being undertaken by the National Palliative Care and End of Life Programme. A further meeting between the National Team and Mid Wales Palliative Care leads is to be arranged for November 2024 following the publication of the national service specification.

Going forward there is a need to regroup to look at the top three clinical priorities and agree how to make best use of peoples' time and this will be the focus for the next meeting.

North Powys Wellbeing Programme

The Powys Teaching Health Board North Powys Wellbeing Programme team undertook a visit to Shrewsbury and Telford NHS Trust earlier in the year which included positive discussions on acute care pathways and what would affect the system. It was noted that this will need to be linked to the Mid Wales Joint Committee work.

The Strategic Outline Business Case has been submitted to Welsh Government for which a response is currently awaited. The North Powys Wellbeing Programme team are looking at more detail around the service areas and models of care with a view to looking at innovation transformation to improve services around Powys. Following this work, the Clinical Advisory Group will be asked to provide clinical input and support as well as engaging with acute care providers around Planned Care, Same Day Urgent Care and imaging. This will be done through workshops which are to be arranged.

Bronglais General Hospital: Delivering Excellent Rural Acute Care

In light of the work that Hywel Dda University Health Board is undertaking on its Clinical Services Plan there is now a need to undertake a review of the Bronglais General Hospital strategy. The timescale for the review of the strategy will be determined by the timescale for the Hywel Dda Clinical Services Plan. However, some key developments which fall under the strategy are as follows:

- Colorectal: The establishment of a colorectal clinic at Newtown Hospital for which monthly clinics commenced in April 2024.
- Gastroenterology: Appointment of a Consultant Gastroenterologist for Bronglais General Hospital.

Feedback from the presentation on the Hywel Dda Clinical Services Plan provided to the Mid Wales Planning and Delivery Executive Group was due to be shared with the Clinical Advisory Group at its August meeting. However, due to the meeting being cancelled the following information was circulated to members:

- Presentation on the Hywel Dda Clinical Services Plan provided to the Mid Wales Planning and Delivery Executive Group.
- Update report on the Clinical Services plan provided to the Board meeting of Hywel Dda University Health Board on 25th July 2024.

This will be discussed in more detail at the group's next meeting planned for 11th October 2024.

Upper Gastrointestinal (GI) pathway

The group discussed the request from the Mid Wales Planning and Delivery Executive Group for confirmation that clinicians are clear about the onward upper GI pathway from Bronglais General Hospital for Mid Wales residents. It was noted that the pathway had been circulated and that no other issues have been raised.

Materion sydd angen eu cytuno neu trafod ymhellach gan y Cyd-Bwyllgor:
Items to be referred to the Planning and Delivery Executive Group for agreement or discussion:

Low attendance at meetings and representation from all organisations continues to be challenging.

Gwaith Cynlluniedig yr Is-Grŵp ar gyfer y cyfnod nesaf:
Planned Sub-Group work for the next period:

- Mid Wales Priorities and Delivery Plan 2024/25 and top 3 Clinical priorities
- Hywel Dda University Health Board Clinical Services Plan
- Bronglais General Hospital: Delivering Excellent Rural Acute Care
- North Powys Wellbeing Programme

Dyddiad y Cyfarfod Is-Grŵp Nesaf:
Date of Next Sub-Group Meeting:
10.00am Friday 11th October 2024